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FAIRGAZE

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SCHOOLASTIC NEWS

IMPACT-FOCUSED SCHOOL COMMUNITY MONTHLY MAGAZINE

**The Role of Women in
Leadership and
Empowerment**

**Embracing New Beginnings:
The Psychology of
New Year's Resolutions
Promoting Community
Events and Fitness**



**Heartful Living and
Echoes of Eternity**

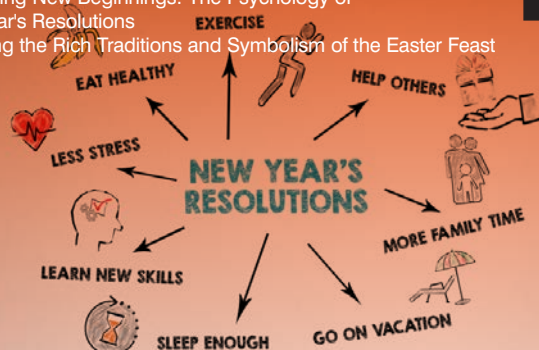
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Navigating Challenges and Opportunities in the Modern School Landscape



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For the Glory of India

Literature

The History and Influence of Classic Literature

Women Empowerment

The Role of Women in Leadership and Empowerment
The Importance of Education for Women

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Editorial Lead

Dear Schoolastic News Readers,

As we embark on the first month of the new year, it is with immense joy and gratitude that I extend my warmest greetings to each one of you. The January edition of Schoolastic News marks the beginning of another exciting chapter in our journey, and we are thrilled to have you along for the ride. This magazine, driven by the vibrant creativity and insightful perspectives of students across India, continues to be a beacon of inspiration for us all.

In this edition, we not only celebrate the fresh start that January brings but also the diverse talents that our student contributors bring to the forefront. From thought-provoking essays to heartwarming stories, each article is a testament to the intellectual curiosity and passion that define the Schoolastic community. As editors, we are continually impressed by the depth of knowledge and the innovative ideas that pour in from classrooms across the nation.

Within the pages ahead, you will discover a constellation of enthralling narratives, each shining as a radiant star in its own right. Our heartfelt appreciation goes to Dr. Anjita Dahiya, Principal of YS Public School, Handiaya, Punjab. Dr. Dahiya has graciously illuminated us with her insightful article titled "Navigating Challenges and Opportunities in the Modern School Landscape." We extend our sincere gratitude for her invaluable contribution.

Moreover, we are honored to present the insightful perspectives of Ms. Neethi Ittaman, a mentor at FairGaze. In her piece titled "For the Glory of India," Ms. Ittaman offers a profound understanding of the subject. We deeply appreciate her expertise and are privileged to include her contributions in our publication.

We extend our deepest gratitude to the vibrant Schoolastic community. As we conclude our journey through the pages enriched by our talented student writers and the insights of educators like Dr. Dahiya, and Ms. Ittaman, we celebrate the fusion of intellect and global vision. The empathetic undertones of this issue resonate as a reminder of the evolving nature of education. A heartfelt thank you to the students whose dedication breathes life into our magazine, fostering a collective brilliance. As we step into the new year, may the spirit of learning and camaraderie continue to illuminate our paths.

Happy reading, Schoolastic enthusiasts!

Warm regards,
Bhavna Sharma
Editorial Lead
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CULTURAL EVENTS

EMBRACING NEW BEGINNINGS: THE PSYCHOLOGY OF NEW YEAR'S RESOLUTIONS



17 PARTNERSHIPS
FOR THE GOALS



Embracing fresh beginnings through fresh Year's resolutions taps into the psychology of optimism and self-improvement. Individuals frequently find themselves ruminating on the past and picturing a better future as the calendar resets. The appeal of a new beginning inspires people to adopt objectives that represent personal progress and good transformation.

These resolves are a strong psychological tool, offering a practical focus for ambitions. Setting a goal provides a feeling of purpose and direction, establishing a fresh sense of control over one's life.

On the other hand, the psychology of New Year's resolutions includes acknowledging that change is slow and needs work. The first euphoria may fade,

and disappointments are unavoidable. Understanding the human factor is critical.

The social component of New Year's resolutions adds a new dimension to their psychology. Sharing objectives with friends or family builds a support system that promotes accountability and encouragement. The social energy around the start of a new year generates a shared impetus, making it simpler for people to stick to their commitments.

However, the key to successful resolutions is to set realistic and long-term goals. The human psyche thrives on achievable challenges that gradually build confidence. Small triumphs produce positive reinforcement, supporting the sense that change is not only feasible but within grasp.

Moreover, the psychology of resolves highlights the significance of self-compassion. Recognizing that failures are a normal part of the process enables people to overcome obstacles without becoming discouraged.

They represent our innate optimism and tenacity, giving a systematic framework for self-improvement. As people embark on this trip, it's important to remember that the beauty of fresh beginnings is found not just in the destination, but also in the transformational process itself.

By:
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CULTURAL EVENTS

EXPLORING THE RICH TRADITIONS AND SYMBOLISM OF THE EASTER FEAST



17 PARTNERSHIPS
FOR THE GOALS

Easter, a broadly celebrated occasion in the Christian confidence holds profound importance and rich customs. From the scriptural story of Jesus' revival to the imagery behind different Easter images, this dining experience is a period for reflection, reestablishment, and delight. This article will shed light on the significance of this cherished holiday by examining the Easter feast's extensive traditions and symbolism.

The Easter dining experience is commended to remember the revival of Jesus Christ, displaying the victory of life over death. This focal occasion in Christianity represents trust, recovery, and the commitment to everlasting life. Generally, the dining experience happens on the main Sunday after the principal full moon following the vernal equinox, falling between Walk 22 and April 25.

One of the main images of Easter is the Hidden Goody. Eggs have for quite some time been related to new life and resurrection, making them a fitting image for the revival of Jesus. Embellished eggs,

frequently colored in lively varieties, are traded and utilized in different Easter practices. The demonstration of chasing after Hidden little treats has become famous among small kids, representing the quest for new life and the delight of finding it.

One more conspicuous image of Easter is the Easter rabbit. Starting from German fables, the Easter rabbit addresses ripeness and fresh starts. The idea of the rabbit conveying eggs was acquainted with American culture by German foreigners during the 1700s. Since then, the Easter bunny has become a popular Easter symbol, often depicted as a friendly rabbit carrying an egg basket.

Notwithstanding these images, the Easter banquet is joined by exceptional food varieties and customs. The Easter lamb is one such custom that represents Jesus as the sacrificial lamb who washes away the sins of the world. Numerous families participate in a conventional Easter feast that incorporates sheep as the highlight. The "Easter Lamb Cake," a cake shaped

like a lamb, is also served in some cultures.

Hot cross buns are one more culinary custom related to Easter. These sweet buns are set apart with a cross on the top, addressing the execution of Jesus. The flavors utilized in hot cross buns, like cinnamon and nutmeg, are related to preserving the group of Jesus. Imparting hot cross buns to friends and family during Easter is accepted to bring the best of luck and gifts.

The Easter gala additionally incorporates different strict administrations and ceremonies. Christians go to community gatherings during Blessed Week, the week paving the way to Easter Sunday, to

think about the misery, demise, and restoration of Jesus. The lighting of the Paschal candle, addressing the risen Christ, is a huge custom during Easter Vigil administrations. In addition, many churches celebrate the main event of Easter with processions and reenactments of the crucifixion and resurrection.

All in all, the Easter dining experience is a period of extraordinary importance for Christians around the world. It is a festival of Jesus' revival and the commitment to everlasting life. Through images like Hidden treats, the Easter rabbit, and the customs of the Easter sheep and hot cross buns, the rich practices and profound imagery of Easter are displayed. This merry season fills in as a sign of trust, reestablishment, and the honest force.

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TIPS TO MAINTAIN CARDIOVASCULAR HEALTH AND WEIGHT MANAGEMENT



that can lead to heart attack.

Finally, by maintaining cardiovascular Health and managing weight, we also support our physical health and not just our mental health. There is no doubt that taking care of our bodies by eating nutritious foods and getting enough sleep is important to sleep is most important to maintain cardiovascular health and weight management. One can lead to a very healthy life by maintaining Cardiovascular health and weight management. And as we all know health is as important as wealth for being a successful person.

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WELL BEING

◀ PROMOTING COMMUNITY
EVENTS AND FITNESS ▶

Assisting yourself in reaching your own fitness and health objectives might be facilitated by joining a fitness community. Studies indicate that group-extent exercise helps you reach your fitness. We wanted to foster a feeling of community from the beginning. Whatever stage of your journey you are in, a fitness group may help you advance your training and reach new heights in your accomplishments when you exercise with others, in a small or large group your allies can help you stay inspired and motivated, creating fitness community allows you to benefit from the port five energy and excitement of your instructor and fellow students while working out. It also helps you to form meaningful friendships with those who share your interests, which can Improve your lifestyle in general. seeing others. push themselves through a workout can motivate them if they're having trouble finishing it Pushing yourself to stay up with the class, can motivate you to exert more effort than you otherwise might there will always be people in your

fitness group who will support and encourage you if you're just starting, and they could even teach you how to do a more than they once found difficult. they know how to assist us in reaching the next fitness goal and the next and the next because they all were also once beginners.

As we progress on our Individual Go Your Fitness Quest, you our gym community can support us in being responsible and dedicated. For instance, they will support us in times when we need someone to keep us from slacking off or slowing down. I manner that makes you responsible for your aspirations. and goals. Engaging in group exercise sessions enhances our sense of dedication to the workout. Human nature dedicates that we don't want to let down those who depend on us. As you become friends, you'll be able to talk to them before and after to support one another in coming to class and to express your sympathy for hurting muscles the next day. Studies indicate that working out in a group increases

exercise intensity. You also achieve. your fitness goals more quickly when you work out harder. Making faster development can also be achieved by working out alongside someone more experienced than you. They can also encourage you against you to attempt nel. more difficult exercises and motions. seeing how far you've come might inspire you to keep going and most importantly go even farther Everyone enjoys a little friendly rivalry.

The word community itself is one of the greatest advantages of belonging to a fitness community. People are social beings. Therefore, a sense of belonging is created when you're a part of a group of people who are working. toward the same goal you all get to contribute to each other's success.

By:
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NAVIGATING CHALLENGES AND OPPORTUNITIES IN THE MODERN SCHOOL LANDSCAPE

BY: DR. ANJITA DAHIYA, PRINCIPAL, YS PUBLIC SCHOOL, HANDIAYA

In the rapidly evolving landscape of education, schools face a myriad of challenges and opportunities. The traditional model of education is being reshaped by technological advancements, shifting societal expectations, and the need for innovative teaching methods. Navigating this complex terrain requires a strategic approach to address challenges while harnessing the opportunities that lie ahead.

One of the primary challenges is the digital divide among students. Technology has become an integral part of daily life, and its integration into education is inevitable. While technology has the potential to revolutionize education, not all students have equal access to digital resources. Educationists must address this gap to ensure inclusive learning experiences. Bridging this divide involves not only providing access to devices but also fostering digital literacy among both students and educators.

Moreover, the increased reliance on technology in education demands a paradigm shift in teaching methods. The traditional chalk-and-talk approach is gradually giving way to interactive and collaborative learning facilitated by digital tools. Teachers must embrace professional development opportunities to enhance their digital literacy skills and effectively integrate technology into the curriculum.

In addition to technological challenges, schools grapple with the changing expectations of students and parents. The modern learner seeks an education that goes beyond rote memorization. There is a growing emphasis on critical thinking,

creativity, and problem-solving skills. Schools must evolve to meet these demands by fostering an environment that encourages curiosity and independent thinking.

Furthermore, the diverse needs of students require a personalized approach to education. Recognizing different learning styles and adapting teaching methods accordingly ensures that every student can thrive. Implementing flexible learning pathways, such as project-based assignments and experiential learning, allows students to explore their interests and develop a deeper understanding of the subject matter.

Amidst these challenges, there are significant opportunities for schools to innovate and excel. The global interconnectedness facilitated by technology opens doors to collaborative learning experiences. Schools can leverage online platforms to connect students with peers from around the world, fostering cultural understanding and a global perspective.

Another opportunity lies in the integration of interdisciplinary subjects. Breaking down traditional subject silos allows students to make meaningful connections between different fields of study, preparing them for the complex challenges of the future. Collaborative projects that combine science, technology, engineering, arts, and mathematics (STEAM) not only enhance learning but also mirror real-world problem-solving scenarios.

By embracing a holistic approach to education, schools can prioritize students'



social and emotional well-being. Implementing programs that promote mental health, resilience, and empathy contributes to a positive school culture and equips students with essential life skills.

Collaboration is key in navigating the modern school landscape. Educationists, policymakers, and industry leaders must work together to align educational goals with the needs of the workforce. Internship programs, industry-academic partnerships, and vocational training can bridge the gap between classroom learning and real-world applications.

In conclusion, navigating the challenges and opportunities in the modern school landscape requires a proactive and strategic approach. Adapting to the digital era, fostering a personalized and innovative learning environment, and addressing the diverse needs of students are key components of success. By embracing change and continually evolving, schools can prepare students not only for academic excellence but also for the dynamic challenges of the 21st century.

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The School Membership Program helps the school instill experiential learning, holistic development, skill building and financial literacy in children further preparing them for their life after school.





Recent FairGaze Engagements



In a collaborative effort, FairGaze MUN and YS Public School in Handiaya joined forces to present the Inaugural YS FairGaze MUN 1.0. The commencement of this prestigious event was marked by a luminous opening ceremony graced by Mr. Varun Bharti Sir, the Director of YS Group of Institutes, alongside enthusiastic participation from students. Mr. Varun expressed his commendation for FairGaze MUN, emphasizing the organization's commitment to prioritizing student learning and training. The students' compelling performances added an extra layer of excitement, contributing to the overall vibrancy of the event.

Our event featured six committees, each with its distinct agenda focusing on global issues. Students actively engaged in discussions, showcasing their depth of knowledge and expertise as they delved into these pressing global concerns. Their articulate presentations and thoughtful conversations highlighted their awareness and understanding of the intricate issues at hand.



The grand finale of YS FairGaze MUN marked its conclusion with a captivating closing ceremony. During this momentous event, YS Public School took the opportunity to honor and appreciate the winners and the FairGaze Team through a prize distribution ceremony. The venue resonated with the rhythm of students' enchanting dance performances, providing a visual journey through the highlights of the entire event. As the curtain fell, participants and attendees alike were transported back to the vivid memories of the past two days, each person eager to capture and cherish these moments filled with lasting memories.

- Over 300 students participated
- More than 10 training sessions were held
- 3 orientation sessions were conducted



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A Dozen Reasons to Choose BGS Vijnatham School





FOR THE GLORY OF INDIA

BY: NEETHI ITTAMAN, FAIRGAZE MENTOR

Indian freedom fighter Bhagat Singh was 23 when the Britishers hanged him for 'plotting against them'. They had offered to let him live if he gave up his rebellion. He told them he preferred being shot!

I learned about Bhagat Singh from my father. My father was a bibliophile, and a collector of books, who enjoyed reading to me, and to early teenagers like me, when we would gather at the portico of our house. Of all the books in his collection, he loved most of all, to read Bhagat Singh's biography. This was Delhi in the 1980s, and books were still a draw for the young.

Deepak Saini, whom I met around that time, was about the same age as Bhagat Singh in 1931, the year the latter was hanged. Deepak was from Punjab and had just moved into a house in our neighborhood. Many mornings, I would spot him waiting for the University bus that took him to his college on the North Campus.

Our housing colony was an old neighborhood. Many of the families had been there since the 1950s and 60s. Naturally, everyone knew everyone—sometimes more than was desirable!

I remember when Mr. Gupta's daughter, Nisha, had left home to be with a young man she met at work. It had become the talk of the colony for months. To save themselves the ignominy and the barbs, the Guptas had shut themselves in their house, keeping their

windows closed, and the curtains tightly drawn. But the neighborhood chatter was loose, and so was the wind that blew.

Shortly afterward, the Guptas were gone from the colony.

The housing streets in the 80s were somewhat like that. Middle-aged women would wait for the men to leave for work to hold colony communion, stitching up rumors and salacious gossip like the

cardigans they would knit for their husbands under the lazy winter sun. The men, of course, loved the cardigans.

It was into such a world that Deepak had waded.

Deepak was an attractive dude - a candy feast, some would say. He was friendly; he was tall and athletic; and he had a way with the old and young alike. Often when he passed by, women would pull their saree ends over their heads, not so much to keep the tradition as to keep others from catching their eye rove towards him.

One afternoon, not long after he had moved in, the police turned up at our colony with news about him. They said he had been knifed inside a bus while trying to save a girl from her harassers. His co-passengers, including the girl, had walked away, leaving him bleeding on the bus floor. He had lost a lot of blood, and the police weren't sure if he would live or die! The news exploded like a bomb on our colony. Night and day, for weeks, everyone talked only about it. Some people were sensitive and concerned, others scarcely so! Drawing from the Gupta episode, when one family hinted that he might have been having an affair with the girl he tried to save, other families took it up, giving it further grist. When the story

didn't go far, Uncle Prasad stepped in with his twist: **Humare hero bachchane chale the ... Ab bhuktein!** (The hero was asking for it!)

That line cast the die!

Deepak, of course, survived the attack, but he never returned to the colony. His friends from Punjab took his luggage away, and that was the last anyone heard of him.

On Saturday, many weeks later, my father was describing Bhagat Singh's final moments to us. Apparently, for fear of a

public revolt, the jail authorities had moved the execution 11 hours ahead of schedule. The jail inmates, however, had got wind of it. So, from the morning (of 23rd March), they had lined up behind their barred cells shouting and chanting, Inqilab Zindabad (Long live the revolution). At 7.30 pm, amid the rising chorus, Bhagat Singh, and his fellow revolutionaries, Sukhdev, and Rajguru, were taken out of the condemned cells and walked up to the scaffold. There, with the court observer, the doctor, the jailor, and the hangman watching, the three hugged each other, kissed the noose, smiled at death, and swung.

We, who heard it, were dumbstruck. Here was a young and dashing man; affable, intelligent, educated, and born into sufficient affluence. He could have taken comfort in his inheritance, settled down with a beautiful girl, and spent the rest of his life rearing the half-dozen children he would have had with her. Yet, he chose to walk away from it all. How could it be? It surely had to have a deeper meaning.

Before long, we had our answer:

My father said: "When courage and righteousness find their true ground; when the young of India realize that heroes such as Deepak Saini truly belong; Bhagat Singhs will emerge from every house to help India rise and shine in all its deserved glory."

Years later, as a student of English literature, I found a corollary to what he had said in Ralph Waldo Emerson's poem,

Men Wanted. The poem said

Not gold, but only man can make.

A people great and strong.

Men who, for truth and honor's sake,

Stand fast and suffer long.

Brave men who work while others sleep,

Who dare while others fly —

They build a nation's pillars deep.

And lift them to the sky.



LITERATURE

THE HISTORY AND INFLUENCE OF CLASSIC LITERATURE

Literary works that are universally acknowledged as being of the greatest caliber and lasting significance are referred to as classic literature. These pieces are frequently taught in schools and colleges as outstanding examples of writing and are regarded as important additions to the canon of literature. Compared to classical literature, a far greater range of works and covered under the term. Classic Status is nearly often accorded to older books that continue to be popular. This implies that this group also includes the classical writers of antiques who wrote of Greek and Roman, but age alone does not define a book as a classic. Books in this category are thought to have a timeless quality. Literary classics are frequently distinguished by their enduring appeal, intricate language use, and complicated ideas. Frequently addressing universal topics like love, death, mortality, and human nature, these pieces are composed in a style that surpasses the specific era in which they

were composed.

In the world of books, when someone refers to classics, they usually mean books that have been around for several decades influenced numerous readers generations, and can be read with the same passion and interest today as they were when they were first published.

When a piece of art is universally regarded as a classic it must achieve a high standard in terms of its outstanding quality, appeal, influence, and deep impact. These common standards are essential for differentiating between a masterpiece and an average work of art since they stand for the height of creative achievement that is timeless. Classic literature is a place where life, truth, and beauty are expressed. It must be exceptionally creative, at least for the period in which it was written classic literature is usually recognized for capturing the spirit of the age.

Great literary works can touch readers deeply and classic literature has themed

that readers of all backgrounds and experience levels love, hate, death, life, and faith are a few subjects that touch on some of our most basic emotional responses. Great works may still resonate with you despite the difference in time. Leading a classic can significantly alter your viewpoint on history by demonstrating how little about who we are as people has changed.

Examining a classic might assist in recognizing writers and other outstanding literary works that impacted it. Naturally, this has something to do with the fact that a classic is loved by people all over the world. Whether on design or inadvertently, classics are always influenced by past literary and intellectual achievements.

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LITERATURE

SOCIAL MEDIA IMPACT ON MODERN TEXTS

Social media is used by a lot of individuals as a method to keep in touch with friends and enjoy content. Social media can, however, also have an unexpected or even unanticipated impact on customers. When enough individuals utilize a product on social media, it might influence their purchases. It can also influence the movies or books they watch or read depending on how many promotions they see. Undoubtedly, the emergence of social media has transformed our interactions not only with one another but also with products the arts, and even books. With the help of hashtags and online communities like Instagram's "Bookstagram", social media has been successful in making reading more common. People discuss books and reading in these communities by sharing everything from book reviews and suggestions to images and videos that aim to elevate reading to the status of a beautiful, sophisticated activity. As a result, an increasing number of youths

have come forward to identify as readers and buy books that are frequently advertised on these platforms. The publishing sector has expanded because of the impact of internet platforms on book sales, and certain novels have become enormously successful due to social media attention. Public book marketing has also changed as a result of social media. Using social media, bookshops, publishing firms, and authors spread the word about their latest releases to encourage readers to buy their products. Advance copies of books published by publishing companies are frequently sent to book influencers as part of their efforts to entice them to review and promote the book on their social media accounts. This strategy aims to draw the attention of followers and boost the book's marketability.

Social media provides self-published authors with a means of self-promotion. This is one advantage when books and authors rise in popularity through likes

and shares, social media is known to oversaturate users' feeds with only a few dozen distinct titles and authors. By elevating certain authors to the top of the attention and success stream on these platforms, this approach helps them attract more followers and encourages readers to buy their books.

social networking has been successful in decreasing the variety of books available even as it continues to boost publishing. Industry and raise reading's popularity by building renews to promote themselves and their publications, online platforms have provided writers a new avenue to market themselves.

By:
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WOMEN EMPOWERMENT

THE ROLE OF WOMEN IN LEADERSHIP AND EMPOWERMENT



The rise in the number of women in leadership roles during the past few decades has been one of the biggest shifts. More women than ever before are holding Leadership positions in the public sector, private sector, higher education, nonprofit organizations, and many more.

Many leadership roles that women have played regularly present a list of contributing variables to the significant shift in this pattern over the last 50 years. I'll go over a few of the challenges that still stand in the way of women in leadership roles. Then I'll inquire about the general level of ambition among women for leadership roles and talk about the contentious link between feminism and power and then wrap off with a quick examination of potential future developments.

Every leader can influence or set priorities for other people, which is a form of power. Being a leader cannot mean having power.

Being a leader frequently entails using official power such as a high post in a major corporation as a position in the government to exercise authority. These kinds of power positions offer definite chances of leadership. However, not everyone in a formal office exhibits leadership and many of the men and women we would wish to refer to as leaders do not hold positions of power. As the renowned leadership expert John Gardner points out "We have all occasionally encountered top persons who couldn't lead a squad of seven-year-olds to the ice cream counter.

Throughout history, men have typically

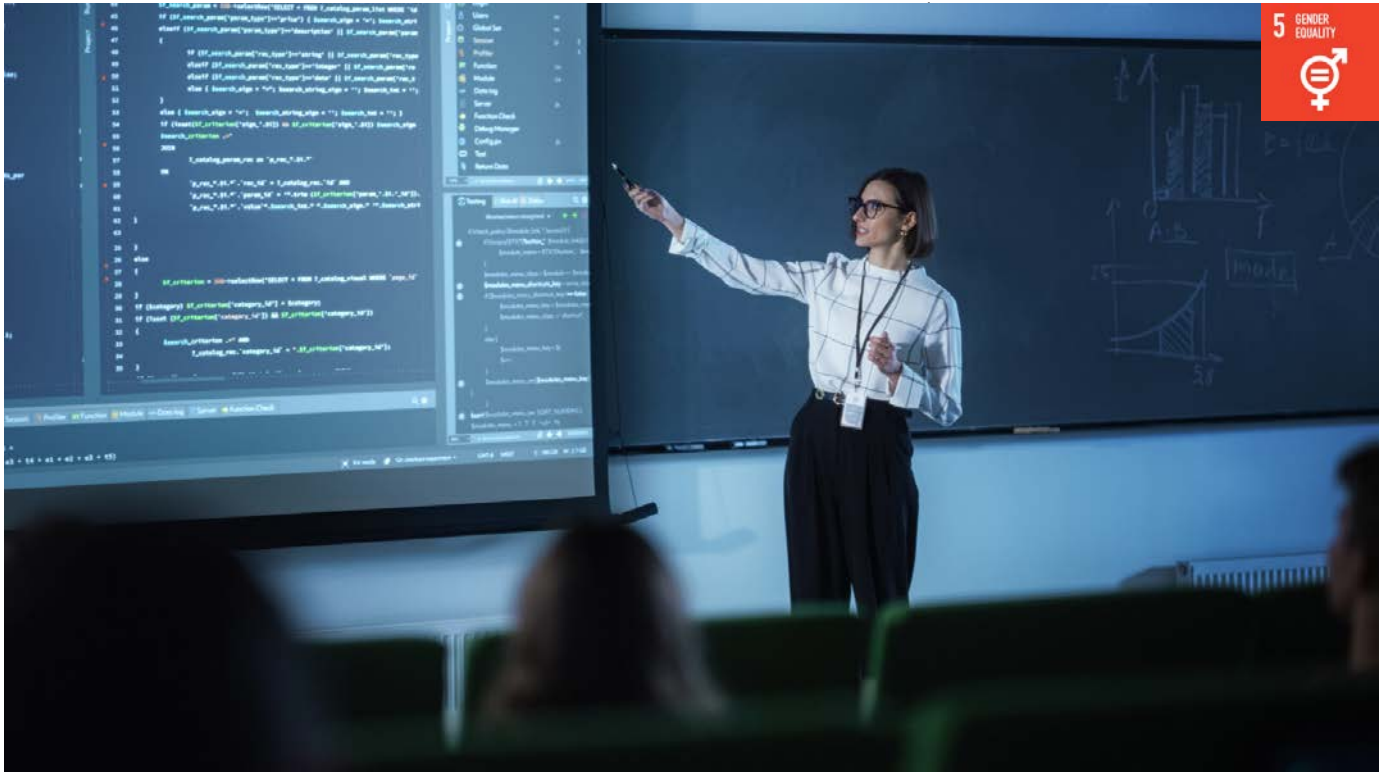
demonstrated the first type of leadership. Powerful individuals have adopted the tactic of "leading from behind", more frequently, however, prominent figures have demonstrated their authority with great visibility. Behind the scenes, women and some men have shown a relaxed, unassuming leadership. However, as more women have seized the chance to assume portions of prominent, authoritative leadership, this pattern has begun to shift.

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WOMEN EMPOWERMENT

THE IMPORTANCE OF EDUCATION FOR WOMEN



India is among the most populous nations when it comes to demography. Nonetheless, the nation has a relatively low percentage of educated girls. seeing the numbers in a nation where women are treated like goddesses is quite unsettling. There is still a long way to go, even though the numbers have somewhat improved.

In an indent India, women were not even allowed to leave their homes, but times were changing. People's perspectives are evolving in tandem with changing times. Their goal is for their daughters to excel in school and life. In Rural India, where over 60% of the population lives, this is not the case. we must determine the causes of these low rates of female education To provide some remedies.

Girls, in our nation, are unable to receive an education due to several circumstances. To start with, the poverty rate & concerns. Even though education is free, sending females to school still costs a lot of money. As a result, families that are having financial difficulties are unable to cover their kid's tuition. second, there aren't many schools in remote areas. They are situated distant from the village, which poses a distance issue. Students may have to walk for up to four hours to get to school in some places. Here's where the security of parents don't think it's appropriate to send their daughters off so far because they get compromised.

Furthermore, it is more difficult for girls to pursue an education due to the

regressive mindset of society. There are still those who maintain the belief that girls should stay at home and take care of the kitchen other than domestic duties, they dislike women taking on any other mind of work.

Social problems like child work and marriage prevent the girl from completing her education. Daughters are pulled out of school by their parents so they can marry off young. Girls who work as children miss out on time for their studies. therefore, a woman must get a proper education.

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