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SCHOOLASTIC NEWS

IMPACT-FOCUSED SCHOOL COMMUNITY MAGAZINE

LEGO's Quest for the Lost Brick

Rewards Worth Over

₹10 LAKHS to be Won!

A Trip to LEGOLAND Dubai

A Summer of Possibilities

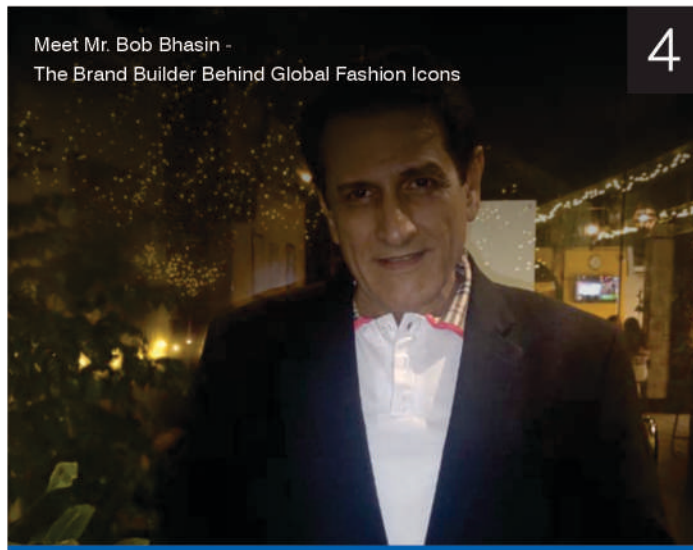
Meet Mr. Bob Bhasin -
The Brand Builder Behind
Global Fashion Icons



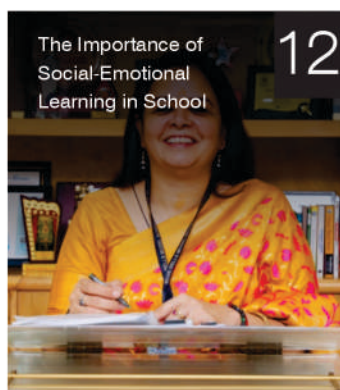
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Editorial Lead

Dear Schoolastic News Readers,

Welcome to the May edition of Schoolastic News! It's that time of year when many of us are flummoxed—torn between the desire to enjoy carefree summer vacations and the need to dedicate our “me time” to tackling vast amounts of holiday homework.

With the drastic generational shift we've witnessed—from Gen X to Millennials to Gen Z—each of us comes from disparate dispositions, shaped by unique experiences and perspectives. Yet, there's one thing we all seem to share: the desire to utilise summer in an exponential way—whether through excursions, attending hobby classes, or even wrapping up a whole year's academics in just two months.

There is something special waiting for you inside this edition. Prizes worth over ₹10 Lakhs to be won, and I am sure everyone would want a trip to **LEGOLAND Dubai**. There's plenty to look forward to with **LEGO's Quest for the Lost Brick** this summer! Go and browse the pages to unlock your surprises.

As key leaders and policymakers dive deep to understand the sea change in communication and education, they are working to serve both digital and non-digital natives within one framework. Schoolastic News continues to bridge this gap—connecting generations, encouraging expression, and providing a space where all minds can come together.

We are thrilled to feature an engaging conversation with **Mr. Bob Bhasin**, a visionary behind the development of 17 successful brands, including the globally renowned U.S. Polo. A heartfelt thank you to **Ms. Alka Singh**, **Principal of Blue Bells Model School, Gurugram**, for her insightful article on “The Importance of Social-Emotional Learning in School.”

Also in this issue, we cover the inspiring **Education Excellence Conclave** and **World Earth Day** celebrations—both of which highlight thought-provoking contributions from educators and students alike. Our gratitude goes to our gifting partner, **Aye Learning Labs (AyeLabz)**, for their generous support throughout the month-long campaign.

Finally, a big thank you to our student contributors for sharing such compelling and insightful ideas—they're sure to brighten the day for many readers.

This edition is a tribute to the vibrant spirit of discovery and the unstoppable energy of young minds and mentors alike. Within these pages, you'll find voices that challenge the norm, ideas that spark change, and efforts that remind us of the beauty in learning together.

Thank you to all the contributors whose insights and imagination made this issue come alive. As we turn the page into a new month, may we continue to dream boldly, act thoughtfully, and learn with open hearts.

Warm regards,
Bhavna Sharma
Editorial Lead
info@fairgaze.com

MEET MR. BOB BHASIN

THE BRAND BUILDER BEHIND GLOBAL FASHION ICONS



Mr. Bob Bhasin is a powerhouse in the world of fashion branding and licensing. With over three decades of experience, he has launched **17 fashion brands** from the ground up—including the globally celebrated US Polo, which grew from concept to one of the most successful fashion brands worldwide.

From managing flea market shops in New York City to shaping multi-billion-dollar global labels, Mr. Bhasin's journey is nothing short of remarkable. His leadership roles with top names like **Pepsi Clothing**, **Beachbunni**, and **Genesis Clothing Corp** have transformed the way brands are built, marketed, and scaled across the world.

At the heart of Mr. Bhasin's success is his sharp eye for design, deep understanding of market trends, and an unwavering belief in the power of creativity. Even today, he continues to consult for major fashion brands, helping them navigate the ever-evolving fashion landscape.

His story is a living testament to vision, versatility, and lasting impact—and a powerful reminder that with big dreams

fashion - how did you first step into this field, and who has been your biggest inspiration along the way?

Believing in myself and taking on challenges, which are in my genes, with proper focus and consistency, is what helps me get things moving. Educating myself daily on market trends, planning lifestyles and seasons, and bettering products with

Key Highlights:

- **President, Pepsi Clothing** – Successfully launched Pepsi's clothing line, achieving a turnover of \$6 million in the first year.
- **CEO, Genesis Clothing Corp** – Spearheaded the junior fashion brand Beachbunni, overseeing everything from design to distribution.
- **Vice President Production, Check Group LLC** – Scaled a company from \$200K to \$20 million turnover, developing fashion for brands like Phat Farm and Ecko.
- **CEO, Dollz Inc. (Mecca Femme)** – Led national sales and design for urban junior fashion, featured in Bloomingdale's and Nordstrom.
- **Managing Director, Rainbow Mercantile (India)** – Built a successful \$5 million apparel export business.
- **Head of Corporate Sourcing, Jordache Enterprises** – Managed sourcing and product development for US Polo, Steve Madden, Gasoline, and Walmart's private labels, reducing costs and increasing profitability.
- **Executive Vice President, Crest Jeans / YG Designs Group** – Led U.S. market licensing and global promotion for international brands such as **Naf-Naf** and **Chevignon**.

and bold ideas, anything is possible.

Read the excerpt below to learn more about him through our Editor & Journalist Ms. Bhavna Sharma.

- **You've had an incredible journey in**

proper detailing to make them Eye Candy are some of the things I do to build brands. I was inspired by the clothes we wore while growing up when I went up to my uncle, who owned fabric mills, and learnt how to

weave warp and weft with different needles on different machines in auto looms like air jets, etc. Later, I found my Guru in a local tailor at a sampling company, who taught me pattern cutting and stitching garments. After which, while still in school, I went on to supervise teams on an assembly line stitching. I joined my uncle to create new products, as there was a requirement for a production head. Soon after, I was invited to join the Arya Group as Vice President of Production at JBF, a public enterprise. After this, I became President of Rainbow International Pvt. Ltd., a Rama Group company focused on the import and export of garments from Bangladesh and other Far East countries. I was now ready to start importing products into the U.S. through my own office. I started Vogue Inc., brought products, and sold them to local importers and at flea markets across the U.S. As profit margins began to shrink, I sold all my merchandise and joined Jordache Enterprises as Head of Sourcing for all their brands. In addition to sourcing, I was also responsible for merchandising products. I played an instrumental role in creating U.S. Polo and Steve Madden lines, and sourced products for Gasoline Kids, GSL Mens, and worked with Walmart on brands like Faded Glory, White Stag, and No Boundaries.

After two years, I became Vice President of Sourcing and Production at Check Group LLC, where I also assisted with Merchandising and Sales for brands like Phat Farm, Ecko, and FUBU Mens. The company grew rapidly, and we went on to acquire several additional brands.

I became President of Dolls Inc., where I launched Mecca Femme, and later served as President of Genesis Clothing Corp, launching the Beach Bunny brand. After that, I founded DBL LLC and created Pepsi Clothing in collaboration with PepsiCo. I then



joined YG Designs as President of Licensing for Crest Jeans globally.

Later, I transitioned into consulting for various brands across the U.S., gaining significant recognition. With the acquired experience, techniques, and knowledge, I bring them to India to help them develop a Global Brand here in India. I have deep exposure to major retail chains in the U.S. and am also fairly well-known in Europe for my success in the American market.

- **You've built and launched 17 fashion brands, including the iconic US Polo—what drives your creativity and ambition in such a competitive industry, and could you take us through the journey of how US Polo started and grew into**

a global powerhouse?

As outlined above, based on my experience, it is crucial to maintain an edge over the competition by offering competitive costing and creating excellent, highly sellable products. Nothing is impossible — success simply requires thinking outside the box.

- **What are the key ingredients that go into turning a clothing brand from an idea into a billion-dollar success story?**

Focus + Consistency = Success. Add accuracy and attention to detail, and you become unstoppable in any era. Thinking smart and staying humble are key to building a lasting presence in today's marketplace.

- **How do you identify when a brand**



has the potential to succeed on a national or global scale?

Every brand is like a newborn baby. It faces many challenges early on — anticipate them and fix them as quickly as possible. Then, start the "breathing process": Build, Consolidate, Expand — and keep repeating this cycle.

- **What was one of the biggest challenges you faced while building a fashion brand, and how did you overcome it?**

Life is full of challenges. It's like a game of snakes and ladders. So, know that they are bound to come. Believing in yourself is the most important aspect of all. Stay open to

the ideas of others, but do what you think is right and stay humble.

- **Fashion trends change rapidly—how do you and your team stay ahead of the curve and keep your brands relevant?**

I have a simple formula: I invite all department heads to a conference room, leaving pens and writing pads on each table. After ordering lunch for them, I close the room, and the brainstorming session begins. Everything is written down, then the pads are collected and reviewed. I create the minutes of the meeting, and based on that, I make my decisions.

- **With experience across so many brands, how do you balance creative vision with the business side of branding and licensing?**

As mentioned above, this is one of my formulas. However, making it global requires many elements. We break these elements into phases to ensure they are achievable.

- **In today's world, sustainable fashion is becoming more important to reduce the pressure on our planet. How do you see the balance between building an environmentally conscious brand and still achieving strong business turnover?**

Sustainable fashion is undoubtedly the need of the hour, and it is possible to strike a balance between producing environmentally-friendly trends and achieving strong business turnover. Trends developed like this across the globe and are constantly evolving and revolving, like Tencel, modal silk, and cashmere in the luxury houses. Each generation has its own growth and style. Today, the lifestyle is largely casual, which is why athleisure and streetwear dominate. Now, comfort is key, from footwear to headwear and accessories. Garments focus on ease, often made from blends of cotton, rayon, nylon, and other fabrics. Earlier, the fashion was more focused on skin tights, and soon we would see retro coming in and dominating the market, though leggings will still continue. The key lies in innovation, aligning with the world's growing demand for sustainability, and engaging in clothes that are stylish and high-quality.

- **What advice would you give to young students who dream of starting their own clothing or lifestyle brand one day?**

Learn carefully the pulse of the market and flow in the trend, detailing your products wisely while analysing the next trend or lifestyle. Be original and stay humble always. Also, stay responsible for whatever you do. Make it your signature!

VOICES WITHIN

THE SUMMER BETWEEN: NOT A KID, NOT YET AN ADULT

BY: ARMEET KAUR, ALUMNA, GURU NANAK PUBLIC SCHOOL, DALHOUSIE

A month ago, I was in my hostel room, sitting on the floor with a packet of chips we definitely weren't supposed to have. We were whispering the latest gossip like it was a secret mission, passing around stories and snacks like currency. No phones allowed—but honestly, that made it better. Conversations were real. Laughs were louder. And our biggest problem? Deciding what to wear for the farewell.

We thought that once the boards ended, we'd feel free. We waited months for that moment. No teachers, no timetables, no bell ringing every forty minutes. But guess what? It's not as glamorous as we imagined.

Now we're suddenly grown-ups—apparently. Everyone's either applying to colleges, preparing for entrances, or pretending to have it all together. The same people who were debating over samosa vs bread pakora at the canteen are now discussing career paths and cut-off lists. I mean, seriously?

This in-between phase... It's strange. You're not in school anymore, but you're not exactly in college either. You're stuck in this confusing little bubble where every day feels like a Sunday—but the kind of Sunday where you know Monday's about to hit hard. One moment you're flipping through farewell selfies, and the next, you're refreshing a college portal like your life depends on it.

And the worst part? Everyone around you seems to know what they're doing. But maybe, just maybe, they're as confused as we are. Maybe nobody



really has it figured out—we're all just pretending better as we grow up.

So yeah, if you're also in this weird space—where you're kind of done but not really started—just know you're not the only one overthinking everything and still pretending to be “sorted.” We're all figuring it out one late-night overthinking session and one college

form at a time. And maybe that's the point. This phase isn't perfect. It's not even that clear. But it's real. And sometimes, that's more than enough.

1



**DEAR PRINCIPAL,
WOULD YOU HELP US
BRING YOUR STUDENTS'
IMAGINATION TO LIFE?**

**WE'D LOVE FOR THEM TO PARTICIPATE
IN LEGO®'S QUEST FOR THE LOST BRICK.**

WHAT IS LEGO® UP TO?

LEGO®, the global toy and media brand, is opening its first certified store in India! To celebrate, we're inviting kids aged 5-14 to take part in a nation-wide contest that sparks creativity and joy.

WHAT'S THE CONTEST?

Let your students (ages 5-14) take part in Quest for the Lost Brick, where they can draw, write, build, or narrate the strangest place a missing red LEGO® brick might be hiding!

2



CATEGORIES FOR ENTRY.

A total of 12 winning entries will be chosen, 4 each across 3 age categories.

Category 01:
5-8 Y/O

Category 02:
9-11 Y/O

Category 03:
12-14 Y/O

JUDGING CRITERIA.

Let the children's imagination run free! The wilder, the better! There's no such thing as too imaginative.

Entries will be judged by LEGO® Master Builders (LEGO® experts) and LEGO® representatives. All decisions, as hard as they may be, will be final.

**REWARDS WORTH OVER
₹10 LAKHS TO BE WON!**

**A custom-built golden
LEGO® trophy.**

3

LEGO® sets worth ₹50,000.

**A gaming pack with LEGO®
video games.**


An exciting birthday mystery box.

A trip to LEGOLAND® Dubai!

HOW CAN KIDS PARTICIPATE?

Scan this QR code to find more contest details or visit lego.mybrickhouse.com/pages/microsite







We'd love for your students to be a part of the fun, expressing themselves and reimagining the world, one  brick at a time!

4

Please feel free to reach out with any questions.
Thanks,
Team LEGO®

FAQs

-  **Who is eligible to participate?**
Children aged 5-14 years.
-  **What happens to the data submitted to this contest?**
All data will be securely deleted after 30 July, 2025.
-  **How will the judging happen exactly?**
Entries will be judged on imagination, originality, and creativity by LEGO® Master Builders and experts. All decisions are final.
-  **Will participants be compensated for their design?**
No, participants will not be compensated.

The LEGO Group and the partners of the LEGO Group do not use/intend to use your data beyond the duration of the campaign. Once the campaign is completed, all collected information will be securely deleted.

Sponsored Feature

1



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WHAT IS LEGO® UP TO?

LEGO®, the global toy and media entertainment company, is launching its first-ever certified store in India. As part of the launch, we wish to spread joy and spark imagination through a contest for children across India. We invite kids aged 5-14 from your school to participate and join the fun!

2



WHAT'S THE CONTEST?

A tiny LEGO® brick is missing! But where could it be? We're calling kids from your school to unleash their creativity and show us a scene of the strangest place the brick could have run away to. They can draw, write, craft, build, or narrate the adventure of the missing red brick. Let their wildest ideas shine, and may the most creative entry win!

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We'd love for your students to be a part of the fun, expressing themselves and reimagining the world, one brick at a time!

Please feel free to reach out with any questions.

Thanks,
Team LEGO®

FAQs

- **Who is eligible to participate?**
Children aged 5-14 are eligible to participate in this contest.
- **What happens to the data submitted to this contest?**
All data submitted as part of this contest will be destroyed after 30th July, 2025.
- **How will the judging happen exactly?**
LEGO Master Builders and other creative supervisors will assess entries based on uniqueness, imaginative qualities, and out-of-the-box thinking. Any decision made will be final and cannot be appealed.
- **Will participants be compensated for my design?**
No, participants will not be compensated for their designs.
The LEGO Group and the partners of the LEGO Group do not use/intend to use your data beyond the duration of the campaign. Once the campaign is completed, all collected information will be securely deleted.

FAIRGAZE OFFERINGS

School Membership Program

The School Membership Program helps the school instill experiential learning, holistic development, skill building and financial literacy in children further preparing them for their life after school.

available as a standalone engagement activity

1. ONLINE WORKSHOPS

Conducted by professional mentors for students, teachers and parents focused on knowledge and skill building.



available as a standalone engagement activity

3. COUNSELLING SESSIONS

Organized for school children with expert counsellors to highlight and destigmatize important mental health issues



available as a standalone engagement activity

2. FAIRTALKS

Panel discussion organized on integral subjects around the education of India, covers ideas and perspectives from eminent panel of educationists.



available as a standalone engagement activity

4. SUSTAINABLE DEVELOPMENT GOAL CAMPAIGNS

Led by eminent educationists and esteemed judges. Intricately designed to promote and implement UN SDGs in the school community.



5. CUSTOMIZED ONLINE SCHOOL NEWSLETTER

Covers all school activities, events and achievements of the school, engages children to fetch stories/content of the school further furnished and designed by FairGaze.



6. MODEL UNITED NATIONS & VARIOUS EVENTS & CONTESTS

FairGaze organizes MUN for students of member school who role-play as UN delegates and simulate a session.

Children get opportunities to show case their talent in various creative contests by FairGaze.



available as a standalone engagement activity

7. STUDENTS' JOURNALISM TRAINING & SCHOLARSHIP PROGRAM

FairGaze trains students on journalistic skills, hosting webinars, hosting MUN, audience management etc.



8. SCHOOL'S MEDIA COVERAGE & PROMOTIONS

FairGaze brings the schools' activities, events highlights, mission and vision of the school leaders outside to the entire K-12 fraternity.



9. BRAND EXPOSURE

FairGaze has partnered with Dabur, Decathlon, Fortis, etc to bring sponsorships and organize students' focused engagement activities & contests.



RECENT FAIRGAZE ENGAGEMENTS

FAIRGAZE MODEL UNITED NATIONS

North, East and Northeast India Inter-School MUN 4.0

Orientation and Training Sessions in Delhi-NCR



Mount Columbus School

19th April 2025

The session was conducted by Mr. Vansh Tyagi (FairGaze MUN Lead Trainer) and Ms. Armeet Kaur (Guest Speaker, Class 12, Guru Nanak Public School, Dalhousie). Students from classes 6 to 12 enthusiastically participated in an engaging session to help them develop leadership, diplomacy, negotiation, and various skills needed to represent their country as diplomats.



Fortune World School

23rd April 2025

Another session was held with the aspiring leaders of tomorrow, led by Mr. Vansh Tyagi. The session proved to be extremely helpful, informative, and inspirational for all the students, equipping them with the essential skills needed for today's world.

LIFE AT FAIRGAZE



Take a peek into life at FairGaze and meet our core team — the driving force that encourages talents to explore diverse roles within the organization. In the ever-evolving AI landscape, our team remains dedicated to realizing the vision of empowering students to become global citizens and to the mission of fostering skills, awareness, and well-being.

At FairGaze, we believe we are more than just a business — we are an emotion. This spirit was clearly reflected during the business meeting for the financial year 2024–25, held from 3rd to 5th April 2025, where stakeholders from across the nation came together.

Here's a glimpse of the team embracing change, fostering innovation, and evolving together on this exciting journey with FairGaze.

THE IMPORTANCE OF SOCIAL-EMOTIONAL LEARNING IN SCHOOL

BY: MS. ALKA SINGH, PRINCIPAL, BLUE BELLS MODEL SCHOOL, GURUGRAM

Social Emotional Learning (SEL) greatly affects the fortification of school systems, especially in today's world. Setting goals, empathy, and making responsible decisions are just some ways of demonstrating emotional intelligence, which SEL facilitates. Furthermore, modern education highlights the importance of emotional support and connection.

Sad to say, not all education systems give adequate attention to students' mental well-being, but when they do implement social-emotional programs, students tend to show improvement with emotional regulation and classroom behaviour. As a result, those improvements lead to better academic performance and achievement. In today's world, nurturing humanity is just as important as education. Balancing people and students fostered through self-empathy, self-awareness, students armed with powerful tools that enable them to navigate life's challenges and help foster resilience and cooperation, both keystones of vibrant personal fulfillment and active citizenship.

The impact of SEL on the school environment has been nothing less than remarkable. Enhancing the view of students regarding differences, fostering integration in subject classes, and positive interaction greatly help in the reduction of dispute issues arising in diverse settings, which further builds school climate. In an ever-changing world, emotional and psychological support EPS has been ingrained for social, mental, and emotional differences, and giving access to mental health support after the school system and during off-period allows for effective



usage, which in turn enables optimal focus in class.

Emotional and psychological changes can nearly always be observed worldwide. Traditional reactions feel integrated along with people's attitudes, which tends to build a stigma. STEM has been dominantly embraced in the teaching world, whilst impressionable through diverse perspectives is key in enabling students to learn with open minds.

SEL also assists educators by minimizing classroom disturbances, burnout, and enhancing their relationships with students. Incorporating SEL doesn't mean disruptive changes to the timetable, rather, it can be integrated into existing structures like classes, clubs, and daily schedules. Advanced planning and scheduling strategies, such as "checking in" with students daily on their feelings, collaborative work, reflection exercises, and honouring and

talking about emotions, can shift the culture. The introduction of the SLC Program at the middle school level and participating in MUNs at the higher level have greatly benefited our students.

Social Emotional Learning is not technology-based but rather, learned through experiences. SEL integrates all forms of education. Students are well-equipped to tackle emotional issues while undertaking academic challenges. The Blue Bells Model School aims to prepare young learners for complex life and career challenges in the future, and therefore, SEL has to be integrated as one of the priorities in teaching. In essence, we are seeing not only improved students but also better citizens. Encouraging sustained investment in SEL will help them to thrive.

INSPIRING MINDS: EDUCATION FEATURE

EDUCATION EXCELLENCE CONCLAVE

BY: TANUSHKA SHARMA, PR INTERN

The Education Excellence Conclave was conducted on 12th April 2025 at Holiday Inn, Mayur Vihar, Delhi, which brought together esteemed principals and educators from various schools across India. The event featured panel discussions, fun interactive activities through which principals and educators could share their insights on education and other topics, which could foster education in India and nurture the budding youth.

The event started with a beautiful and mesmerizing classical dance performance by the students from Oxford Green Public School, who were also felicitated by Mr. N.M. Bhatia (Member Advisory Board, Prudence Group of Schools, New Delhi). The panel discussion on "Redefining Education Success for the 21st Century" was moderated by Mr. Mikin Lala (Founder, Logiqids), and the panellists were Mr. Anshul Pathania (Managing Director, Pathania Public School), Ms. Aparna Magee (Principal, Delhi Public School, R.N. Extension, Ghaziabad), Mr. Rahul Kesarwani (President, Meerut School Sahodaya Complex), Ms. Alka Singh (Principal, Blue Bells Model School, Gurugram), Mr. Vaibhav Kapoor (Director

Principal, Ajanta Public School), Ms. Sneha Rathor Khandelwal, (CEO-SANFORT Group of Schools), Dr. Jyoti Gupta (Principal, K.R. Mangalam World School), Mr. Jay Vardhanam Mishra (Force Motors – School Bus Business), and Mr. N. M. Bhatia (Member Advisory Board, Prudence Group of Schools, New Delhi).

Principals and educators were also

curriculum. The moderator of the session Dr. Gaurav Kapoor (Schools and Skill Development Consultant) along with the panellists Ms. Kapila Sawhney (Principal, Chalk Tree Global School, Gurugram), Ms. Jyoti Rana (Principal, The Shri Ram Universal School, Noida), Ms. Peeya Sharma (Principal, Ryan International School, Faridabad), Ms. Deepti Sharma (Principal, Pragyan Public School,

President, Sahodaya School Complex NCR - East), Mr. Shabbir Merchant (COO & Co-Founder, EDUAI HUB & Pragmatic Tech Soft Pvt Ltd), Dr. Vasi Shaikh (Professor & Associate Dean - External Relations School of Sciences & Environmental Studies Speaker), and Dr. Renu Sehgal (Principal G.D Goenka Public School, Greater Noida) emphasised on exploring ways to prepare students for emerging technologies and changing job markets.

This event also graced various Ed tech and educational support services companies to share newer technologies that we all must evolve with. Indeed, thought-provoking discussions enlightened all, giving a newer dimension to education.



felicitated by the Rabindranath Tagore National Award. Another panel discussion on "Redefining School Education for an AI-Driven Future" highlighted integrating AI literacy, critical thinking, and creativity into the



GD GOENKA INTERNATIONAL SCHOOL

Greater Noida (West), Knowledge Park V | CBSE Sr. Secondary Affiliation No. 2133662



CARRER COUNSELLING AND STREAM SELECTION SEMINAR

Arts

Science

Commerce

Date: - 22 March 2025

Time: - 9 AM To 10 AM

Venue: - School
Auditorium

Are you ready to take the
next step into your future?



Resource Person

Principal : Dr. Rajeev Verma

Counsellor : Shashi Chaturvedi

+91-8810667445

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IES PUBLIC SCHOOLSM

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(Affiliated to CBSE, New Delhi)

Presents

IES SUMMER CAMP

**Registration
Fee 1350/-**

1st to 15th May 2025

8:00 AM to 11:00 AM

**Free Bus Facility
From Major Area**



Nursery - Grade-1st

Choose One

Swimming / Taekwondo

Activities based on Theme-Around the World

Fireless Cooking / Dance / Music / Art Mania / Fun Activity

Grade - 2 to 5

Choose One

Swimming / Cricket / Vocal / Keyboard /

Congo / Jazz / Drums / Guitar / Drama

Taekwondo

Choose One

Dance / Instant Cooking / Art Mania / Calligraphy /

Coding with Scratch

Grade - 6 to 10

Choose One

Swimming / Cricket / Basketball / Football

Drama / Vocal / Keyboard /

Congo / Jazz / Drums / Guitar

Choose One

Web Page Designing / Robotic / Instant Cooking /

Dance / Art Mania

Attractive Prizes & Certificates

Note : Select any two activities from the options above.

Special Attraction

Picnic, Movie Show, Pool Party, Competition, Lucky Draw & Cycling

Mother's Day Celebration

IES Campus, Ratibad Main Road, Bhopal

Contact : 9229251475, 911555675



**Scan for
Registration**



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WELL-BEING

JUNK FOOD: ROAD TO OBESITY

Junk food tastes delicious, but it is not healthy for our bodies. As we eat more and more junk food, it can cause obesity in our bodies, as it is very harmful to our health. Obesity means having too much fat in our body. Nowadays, kids and teenagers are addicted to junk food more than to their homemade food. Due to eating more junk food, we are not active in our daily life activities. Junk food makes us lazy. When a person is suffering from obesity, they need to do more physical exercise like walking, running, swimming, yoga, etc., but they can't do so because of their heavy weight and unhealthy lifestyle.

Obesity can make people tired, slow, and feel more sleepy throughout the day.

Obesity can cause other diseases like body pain, swelling, diabetes, heart disease, etc. Exercise is very important in our lives. If we eat junk food and do more exercise, it is not as harmful to our health. Junk food contains too much fat or oil. So, it is not healthy for us, and it can cause diseases like obesity in our bodies. We should try to eat junk food once or twice a month. So, our body can stay healthier.

As we know, "a healthy mind exists in a healthy body." So, we need to keep our bodies healthy. If you want to eat junk food, you should cook it at home, as you know, you are adding fresh ingredients to it. As we ordered junk food from any restaurants, we don't know what they are

using to prepare that food. As we cook at home, it becomes less harmful to our bodies.

We should try to eat healthier food, avoid too much junk food, and stay active in our daily lives. That's the result, we can grow stronger and healthier.

Eating healthy food and staying active is the best way to fight obesity and live a happy life.

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flexitarian
diet

WELL-BEING

THE EFFECT OF AN UNHEALTHY DIET ON CARDIOVASCULAR HEALTH

An effect on your heart can cause a big problem, and mainly these days, it is happening due to unconscious eating habits. One of the worst effects arising from unhealthy eating is diabetes. We can get a lot of issues, such as the arteries might get blocked, obesity, high sugar, high cholesterol, and a chain of organ failures.

People consume a lot of fast food. A few unhealthy options include red and processed meat, a lot of salt consumption, and refined grains. Unhealthy processed food and carbonated artificial drinks can not only cause problems to our health but also

increase the cost of medications. A diet lacking nutrients such as whole grains, pulses, cereals, vegetables, and fruits can only lead to heart problems.

To avoid these risks, we should eat healthy meals and drink plenty of water, and limit our processed foods day by day. Opting for good and healthy oils, regulating physical activity, and maintaining a healthy weight can decrease the risk of heart attacks, strokes, etc. We can raise awareness and inform people about these topics, which can help them reduce unhealthy food habits. We should include healthy and tasty options like yogurts, berries, and even fibre. We can encourage people

to eat home-cooked, simple meals with seasonal fruits and vegetables to prevent cardiovascular problems. Eating mindfully will help in enhancing not just your body, but will also soothe your mind.

Eating healthy food with the right amount of nutrients is the basis for holistic well-being. Not to forget, as prevention is better than a cure.

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WORLD EARTH DAY 2025

OUR POWER, OUR PLANET

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GIFTING PARTNER



Aye Learning Labs (AyeLabz)

Students from schools across the nation participated in the campaign, creating sustainable DIY projects and presenting them through tutorial videos. Submissions included home décor items, toys, bags made from plastic yarn, art pieces from cake bases, plant holders, jewellery boxes, pen stands, keychain holders, birdhouses, wall hangings and organizers, natural water filters, windmills, drip irrigation models, lamps, common weighing balances, and more. These creations are a testament to how young minds are ready to lead a sustainable future, inspiring not only their own generation but also the generations before them.

Capturing Glimpses!



◀ **EVENT COVERAGE** ▶**Blue Bells Model School
Empowers Future Solar Ambassadors through
Hands-On Workshop with Energy Swaraj Foundation**

Blue Bells Model School successfully conducted the Solar Ambassador Workshop in collaboration with the Energy Swaraj Foundation on 9th April 2025. The workshop was attended by 92 students and 10 teachers under the guidance of Ms. Alka Singh (Principal) and Ms. Manisha Singh (SDG Coordinator).

Each participant was provided with a solar kit to assemble a solar lamp, symbolizing their commitment to sustainable energy. Upon completion of the assembly, all participants were recognized as Solar Ambassadors, contributing to the promotion of clean and renewable energy solutions.

The event was also graced by the presence of the FairGaze SDG team, further supporting the cause of Sustainable Development Goals.

The session was led by our esteemed resource person, Mr. Sachin from Energy Swaraj Foundation.

The workshop was an inspiring and impactful initiative that empowered students with hands-on experience and awareness about solar energy, fostering a generation committed to environmental stewardship and innovation.



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